

Study Skills

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| Grade Level | Seventh |
| Minimum Time Required | 50 Minutes |
| Materials/Resources | |
| Subject Area(s) | Guidance |

Project Description:

1. Discuss the relationship between effort and learning and how attitudes influence learning. Emphasize that each student has a unique approach to learning and his or her own study habits.
2. Ask the students to think about the following activities and how they approach them. What are the positive (+) and productive methods that are helpful and effective study skills? What are some of the negative (-) or unproductive methods that interfere with their school success? List them under each activity.

Doing homework
 Reviewing for a test
 Listening to a lecture
 Doing a report
 Following direction
 (Any others you select)

3. Using the information listed, discuss orally or in writing, a few strengths and weaknesses of student study series. Write a short and long-term goal (1 week and 4 weeks) and an appropriate reward.
4. Suggestion: Students may complete this individually, in small groups or as a class.

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| Career Development Standard | Knowledge of the benefits of educational achievement to career opportunities. |
| Career Development Indicator | Describe individual strengths and weaknesses in school subjects. |
| Delivery Level | Review |
| Academic Standards | |
| Language Arts | 2.4.a Write to clarify what is known about various topics. 2.4.b Write to synthesize, interpret, and use new information. 4.1.b Present oral information in a logical and coherent manner. 4.2.c Use recognized conventions/mechanics of language in personal communication. |
| Employability/SCANS Skills | Thinking Skills, Basic Skills |
| Assessment/Rubric | Students will be evaluated on their written assignment. |